

# An Óige Hike Programme January 2022

**Please Note:** Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2022: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

## **RENEWALS OR NEW MEMBERSHIPS: OPTION 1**

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to [info@anoige.ie](mailto:info@anoige.ie) (Office days Wednesday to Friday only)

**OR**

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at [barryja156@outlook.com](mailto:barryja156@outlook.com)

## **Important Notice**

**THIS NOTICE APPLIES TO ANY HIKE INVOLVING THE HIRE OF A PRIVATE BUS  
PLEASE NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKE  
WILL BE PERMITTED TO PARTICIPATE ON THE HIKE.**

*It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.*

## **Unless otherwise stated, please observe the following:**

<b>WEAR:</b>	<b>HIKING BOOTS OR STRONG SHOES FOR EASIER HIKE HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKE, EASIER MODERATE HIKE NO JEANS. NO DOGS ALLOWED ON HIKE.</b>
<b>BRING:</b>	<i>Face Covering, Hand Sanitiser, Rainwear, Flask, Sandwiches, Simple First Aid Kit, Sun Block, Hat, Gloves, Torch &amp; Reflective Armbands.</i> <b><u>Please do not share any item of clothing, equipment, food or drinks at this time</u></b>
<b>COVID-19 NOTICE</b>	<i>Face Coverings are mandatory for travelling on the private bus and on Public Transport. Intending hikers will not be permitted to participate on any activity without a Face Covering.</i> <b><u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u></b> <i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i> <ol style="list-style-type: none"><li>1. Have you any symptoms e.g. Dry cough, Fever, High temperature, Sore Throat, Breathlessness, No taste or smell now or in the last 14 days? or feeling unwell</li><li>2. Have you been diagnosed with confirmed or suspected Covid-19 in the last 14 days?</li><li>3. Are you a close contact of a person who has confirmed or suspected Covid-19 in the past 14 days</li><li>4. Have you been requested by a medical practitioner to self isolate during this time?</li></ol>
<b>MEET:</b>	<b>All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End @ 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time.</b>

**Sunday 2nd January 2022****MIDWEEK WALK: Thursday 6th January 2022s****Please Note: No hikes scheduled for the above days****SUNDAY 9th January 2022: Co-Ordinator on Eden Quay – Mary Chambers****MODERATE HIKE\***

<b>Route:</b>	Glendalough – Glendasan – Mol Doyle and Luganure Track – Camaderry East Top – Glendasan - Glendalough
<b>Leader:</b>	Tom Kenny
<b>Transport:</b>	Special Bus Cost €20.00 per person.

**EASIER MODERATE HIKE\***

<b>Route:</b>	Kilafin Forest Park – Avonmore Way – Trooperstown Hill - Laragh
<b>Leader:</b>	Fiona Byrne
<b>Transport:</b>	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.

**EASIER HIKE**

<b>Route:</b>	The Goat Inn, Goatstown to the Sea via Parklands
<b>Leader:</b>	Mary Chambers
<b>Transport:</b>	Public Transport

**MIDWEEK WALK: Thursday 13th January 2022**

<b>Route:</b>	Walking in the Enniskerry area combining both the Dargle and Cookstown Rivers.
<b>Meet:</b>	10.45am at Townsend Street bus stop to the rear of Pearse Street Garda Station
<b>Leaders:</b>	Pat Green

**SUNDAY 16th January 2022: Co-Ordinator on Eden Quay – Marie McDonnell****MODERATE HIKE\***

<b>Route:</b>	Athdown Wood – Seefin – Seefingan – Corrig – Green Road – Bohernabreena Waterworks
<b>Leader:</b>	Tony Groves
<b>Transport:</b>	Special Bus Cost €20.00 per person.

**EASIER MODERATE HIKE\***

<b>Route:</b>	Seahan Forest – Ballymorefinn – Seahan – Corrig – Green Road – Bohernabreena Waterworks
<b>Leader:</b>	Martin Fagan
<b>Transport:</b>	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.

**EASIER HIKE**

<b>Route:</b>	Addison Park – Tolka Valley Park - Ashtown
<b>Leader:</b>	Mary Sorohan
<b>Transport:</b>	Public Transport

**MIDWEEK WALK: Thursday 20th January 2022**

<b>Route:</b>	Howth Dart Station - Old Tram Line – Howth Summit Cliff Path – Howth
<b>Meet:</b>	Howth Dart Station at 11.10am Dart leaves Tara Street at 10.39am for Howth.
<b>Leader:</b>	Paula Oliver

**Sunday 23rd January 2022: Co-Ordinator on Eden Quay – Marie McDonnell****MODERATE HIKE\***

<b>Route:</b>	Tibradden Ziplines – Lower Track - Wicklow Way – Three Rock – Soldier’s Cave – Ballyedmunduff – The Gap – Johnnie Fox’s Pub, Glencullen
<b>Leader:</b>	Brian Madden
<b>Transport:</b>	Special Bus Cost €20.00 per person.

**EASIER MODERATE HIKE\***

<b>Route:</b>	Tibradden Ziplines – Dublin Mountain Way – Wicklow Way – Three Rock Mtn – The Gap – Johnnie Fox’s Pub, Glencullen Distance: 11km Ascent 260 metres
<b>Leader:</b>	David McCann
<b>Transport:</b>	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.

**EASIER HIKE\***

<b>Route:</b>	Windgates and Tracks around Bray Head
<b>Leader:</b>	Pat Gallagher
<b>Transport:</b>	Public Transport

**NEW SLOW COACH HIKE\***

<b>Route:</b>	Knocksink Wood
<b>Leader:</b>	Marie McDonnell
<b>Transport:</b>	Public Transport Meet Laughter Lounge at 10am

**MIDWEEK WALK: Thursday 27th January 2022**

<b>Route:</b>	Walking from Celbridge to Castletown House Leixlip
<b>Leader:</b>	Olive Cowlard
<b>Meet:</b>	Outside Carroll’s Shop ,Westmoreland Street at 11am sharp.

**Sunday 30th January 2022 Co-Ordinator on Eden Quay – Marie McDonnell****MODERATE HIKE\***

<b>Route:</b>	Cruagh Wood – Forest Track – Board Walk – Glendoo Track – Knocknagun – Prince William Seat – Wicklow Way – Boranaraltry – Johnnie Fox’s Pub
<b>Leader:</b>	Michael Heneghan
<b>Transport:</b>	Special Bus Cost €20.00 per person.

**EASY MODERATE HIKE\***

<b>Route:</b>	Pine Forest – Tibradden – Fairy Castle – Two Rock Mtn – Dublin Mountain Way – Gap Café – Johnnie Fox’s Pub.
<b>Leader:</b>	Tom O’Loughlin
<b>Transport:</b>	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.

## EASIER HIKE

<b>Route:</b>	Rye Valley Walk, Leixlip, Co. Kildare
<b>Leaders:</b>	Kay and Tony O'Sullivan
<b>Transport:</b>	Connolly Station at 11am for Maynooth train departing at 11.15am sharp

## PHOTOGRAPHIC GROUP ACTIVITIES

Text message only with name, phone number and query to: (087) 166 9605.

## Dates for your Diary

### Friday 14th January

<b>Event:</b>	Social Friday at the Teachers Club, Parnell Square
<b>Activities:</b>	Scrabble, Draughts, Jigsaws
<b>Meet:</b>	7.30pm
<b>Cost:</b>	€7.00 per person
<b>Organiser:</b>	Patsy Moloney

### Tuesday 25th January 2022

<b>Event:</b>	Cinema Outing
<b>Meet:</b>	2pm at Savoy Cinema
<b>Organiser:</b>	Patsy Moloney

### Saturday 29th January 2022

<b>Event:</b>	Visit to the Custom House Visitor Centre
<b>Meet:</b>	Laughter Lounge, Eden Quay at 11.30am
<b>Cost:</b>	€5.00 per person
<b>Organiser:</b>	Christine Farren

## OTHER ITEMS OF INTEREST

### HERITAGE HIKES

"Heritage Hikes in South Dublin and North Wicklow" by David Marlborough (one of our Hike Leaders). This book is available in Dubray Bookshop and all other good bookshops.

### R.I.P.

Members of An Óige wish to express their sincere sympathy to the family of Betty Kellerher, who died in December, 2021, after a long illness. Betty was a Life Member and a stalwart in the Organisation. She lead numerous hikes over the years with her husband, John, such as: The River Liffey in stages from the source to the sea; also trips to Berlin, Brussels and Paris. She will be sadly missed by all those who knew her. May she Rest In Peace.

### WANTED

Marie McDonnell is looking for a copy of a book "*Fifty Years Young – The History of An Óige*" by Terry Trench. If anyone can help out, please contact her at 01 8377411.

**REMEMBER THAT – the Future of the Sunday Hikes depends on there being sufficient members willing and available to act as Leaders for both the Moderate, Easier Moderate and Easier Hikes. Co-Ordinators are also in short supply. Please volunteer your services now by ringing Marie McDonnell at 01 837 7411 (H)**

**Wishing you all  
a Very Happy New Year  
with plenty of Hiking & other  
Social Activities**

