

An Óige Hike Programme October 2021

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from January 2021: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

RENEWALS OR NEW MEMBERSHIPS: OPTION 1

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to info@anoige.ie (Office days Wednesday to Friday only)

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at barryja156@outlook.com

Important Notice

**THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS
PLEASE NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES
WILL BE PERMITTED TO PARTICIPATE ON THE HIKES.**

It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.

Unless otherwise stated, please observe the following:

WEAR:	HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.
BRING:	<i>Face Covering, Hand Sanitiser, Rainwear, Flask, Sandwiches, Simple First Aid Kit, Sun Block, Hat & Gloves.</i> <i><u>Please do not share any item of clothing, equipment, food or drinks at this time</u></i>
COVID-19 NOTICE	<i>Face Coverings are mandatory for travelling on the private bus and on Public Transport. Intending hikers will not be permitted to participate on any activity without a Face Covering.</i> <u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u> <i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i> <ol style="list-style-type: none">1. Have you any symptoms e.g. Dry cough, Fever, High temperature, Sore Throat, Breathlessness, No taste or smell now or in the last 14 days? or feeling unwell2. Have you been diagnosed with confirmed or suspected Covid – 19 in the last 14 days?3. Are you a close contact of a person who has confirmed or suspected Covid -19 in the past 14 days4. Have you been requested by a medical practitioner to self isolate during this time?
MEET:	All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End @ 10.00am, unless otherwise stated. You are requested to arrive at the meeting place in good time.

SUNDAY 3rd October 2021 Co-Ordinator on Eden Quay – Marie McDonnell**MODERATE HIKE***

Route:	Callow Hill – Ballinahinch Hill – Barrack Hill – Kilmurry – Old Viking Lane – Glendarragh – Ballinasootia – St Mary of the Downs Church – Willow Grove
Leader:	David Marlborough
Transport:	Special Bus Cost €20.00 per person.

EASIER MODERATE HIKE*

Route:	Carrigoona and Big Sugarloaf
Leader:	Tony Groves
Transport:	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.

EASIER HIKE

Route:	Phoenix Park
Leader:	Brian Connolly
Transport:	Public Transport

MIDWEEK WALK: Thursday 7th October 2021

Route:	Marley Park – Three Rock – Fairy Castle
Meet:	Townsend Street Bus at 10.45am
Leader:	Liz McWilliam

SUNDAY 10th October 2021: Co-Ordinator on Eden Quay – Marie McDonnell**MODERATE HIKE***

Route:	Oldbridge – Lough Dan – Carrigeenduff – Kanturk – Scarr – Paddock Hill – Wicklow Way – Laragh
Leader:	Tom Hennessy
Transport:	Special Bus Cost €20.00 per person.

EASIER MODERATE HIKE*

Route:	The Brockaghs
Leader:	Fiona Byrne
Transport:	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.

EASIER HIKE

Route:	Circuit of Howth from Summit to Sea returning by a different route to the summit.
Leader:	Mary Sorohan
Transport:	Public Transport

MIDWEEK WALK: Thursday 14th October 2021

Route:	Royal Canal from Maynooth to Enfield
Meet:	Connolly Station at 10.30am for the 10.45am train to Maynooth.
Leader:	Ita O'Hanlon

SATURDAY 16th October 2021: Co-Ordinator on Eden Quay – Marie McDonnell**SPECIAL AN ÓIGE 90TH ANNIVERSARY CELEBRATION DAY
AT LOUGH DAN, CO. WICKLOW**

For further Information and full details,
Please refer to the Dates for your Diary Section at the end of this bulletin.

Sunday 17th October 2021: Co-Ordinator on Eden Quay – Marie McDonnell**MODERATE HIKE***

Route:	Ballyknockan Village – Silean – Moanbane – Billy Byrne’s Gap – Blackhill – Blackhill Bog Road - Kilbeg – Pound Lane Track – Zeller’s Lacken Inn
Leader:	Mick Heneghan
Transport:	Special Bus (see below)

EASIER MODERATE HIKE*

Route:	Lacken – New Mass Path route – Lugnagun – Sorrel Hill – Ballynultagh Gap – Blackhill – Blackhill Bog Road – Kilbeg – Pound Lane Track – Zeller’s Lacken Inn.
Leader:	Jim Barry
Transport:	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person

EASIER HIKE

Route:	St Catherines Park , Leixlip
Transport:	Public Transport
Leader:	Nancy Phillips

MIDWEEK WALK: Thursday 21st October 2021

Route:	River Valley Walk in Swords. Weather permitting, walk to Malahide.
Meet:	Meet at the 41 Bus Stop Lower Abbey Street at 11.am.
Leader:	Pat Gallagher

**Sunday 24th October 2021 (Bank Holiday weekend)
Co-Ordinator on Eden Quay – Marie McDonnell****MODERATE HIKE**

Route:	Fernhill Tunnel – Three Rock – Two Rock – Fairy Castle – Wicklow Way – Marley Park
Leader:	Michael Heneghan
Transport:	Public Transport (Normal meeting place 10.am at the Laughter Lounge, Eden Quay)

NO EASIER MODERATE HIKE TODAY**EASIER HIKE**

Route:	Clondalkin Corkagh Park and Round Tower Visitor Centre
Leader:	Olive Cowlard
Transport:	Public Transport

MIDWEEK WALK: Thursday 28th October 2021

Route:	Blessington Way
Meet:	Poolbeg Street at 11.15am
Leader:	Mary Moloney

SUNDAY 31st October 2021: Co-Ordinator on Eden Quay – Marie McDonnell**MODERATE HIKE***

Route:	Drumgoff Gap – Croaghanmoira – Fananeerin Ridge to viewing point – Drumgoff Forest – Wicklow Way – Glenmalure Lodge.
Leader:	Larry Meaney
Transport:	Special Bus Cost €25.00 per person.

EASIER MODERATE HIKE*	
Route:	Croaghanmoira to Drumgoff
Leader:	Terry O'Brien
Transport:	Special Bus *These 2 hikes will share the same bus. Cost €20.00 per person.
EASIER HIKE	
Route:	Drummin Lodge – Part of old Mass Track to Kilquade – Kilcoole via the meadows
Leader:	Kay O'Sullivan
Meet:	Bray Railway Station at 11.am sharp to meet with 184 bus from Station
PHOTOGRAPHIC GROUP ACTIVITIES	
Text message only with name, phone number and query to: (087) 166 9605.	
Dates for your Diary	
An Óige Celebrating 90 Years – Saturday 16th October, 2021	
<p>Special An Óige 90th Anniversary Celebration Venue: Duff House, Lough Dan, Co. Wicklow</p> <p>Directions: Drive to Roundwood (from Dublin) Take the 1st turn right after the Coach House Inn (on left) – signposted Lough Dan L1059 Stay on the main road (veer left at the fork) and on to the T-junction after the bridge. Turn right at the T Junction and continue to the end of the road passing Lough Dan Scout Centre on the right. Duff House is at the end of the road to your right at Carrigeenduff. (5.6km from Roundwood)</p> <p>A full hiking itinerary has been organised for the day prior to the unveiling of a plaque at the site of the first An Óige hostel at Lough Dan which opened for the Summer in 1931. The unveiling ceremony will take place at 15.30hrs after the hikes. Light refreshments will be served.</p> <p>PLEASE SEE BELOW HIKING ITINERARY FOR THE DAY</p>	
MODERATE HIKE*	
Route:	Brusher Gap – Wicklow Way - Scarr – Kanturk – Duff House, Lough Dan – Oldbridge
Leader:	Michael Davis
EASIER MODERATE HIKE*	
Route:	Pier Gates – Lough Dan – Duff House – Oldbridge
Leader:	Ciaran O'Lone (guest leader)
EASIER HIKE*	
Route:	Oldbridge – Lough Dan – Oldbridge
Leader:	Pat Gallagher
Special Bus *These 3 hikes will share the same bus. Cost €20.00 per person. Meet in the usual place (Laughter Lounge) at 10am	
Cinema Outing on Tuesday 19 October	
Meet:	Savoy Cinema, O'Connell Street at 2pm
Organiser:	Patsy Moloney
OTHER ITEMS OF INTERST	
<p>REMEMBER THAT – the Future of the Sunday Hikes depends on there being sufficient members willing and available to act as Leaders for both the Moderate, Easier Moderate and Easier Hikes. Co-Ordinators are also in short supply. Please volunteer your services now by ringing Marie McDonnell at 01 837 7411 (H)</p>	