

An Óige Hike Programme May 2023

Please Note: Preference will be given on the “Special Buses”, to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from May 2023: €25 for over 25 years old, and €15 for under 25 years old.

Valid An Óige Membership Cards required.

RENEWALS OR NEW MEMBERSHIPS: OPTION 1

Please bring your old membership card with you to the hike bus and have the €25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to info@anoige.ie

OR

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at barryja156@outlook.com

Important Notice

THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS
PLEASE NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES
WILL BE PERMITTED TO PARTICIPATE ON THE HIKES.

It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.

Unless otherwise stated, please observe the following:

WEAR:	HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES HIKING BOOTS ONLY FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS. NO DOGS ALLOWED ON HIKES.
BRING:	<i>Hand Sanitiser, Rainwear, Flask, Sandwiches, Simple First Aid Kit, Sun Block, Hat & Gloves.</i> <i>Please be prepared for wintery conditions on the hills.</i>
COVID-19 NOTICE	<p style="text-align: center;"><u><i>Covid 19 Restrictions Update</i></u></p> <p><i>Face Coverings will no longer be mandatory for travelling on the private bus and on Public Transport</i></p> <p><i>Intending hikers in May may continue to wear face coverings on the bus, as a precautionary measure, if they wish to do so.</i></p> <p><u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u></p> <p><i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i></p> <ol style="list-style-type: none">1. Have you any symptoms of Covid 19 recently?2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?
MEET:	All Sunday walks leave from Laughter Lounge, Eden Quay, O’Connell Bridge End at 10:00hrs, unless otherwise stated. You are requested to arrive at the meeting place in good time.

MIDWEEK WALK: Thursday 4th May 2023

Route:	Short Walk: St Helens Bay to Bangor, Co. Down Long Walk: Cultra to Bangor, Co. Down
Leaders:	Fiona Byrne and Mary Moloney
Meet:	Connolly Station at 9.am for the 9.30am train to Belfast
Bring:	Free Travel Pass and Translink Card for Belfast to Bangor rail line if you are eligible for these cards. Cheapest book in advance return fare online on www.Irishrail.ie . Some sterling currency for a coffee and snack or bank card. Don't forget the lunch pack including hot/cold beverage. Dining car services on train.

SUNDAY 7th May 2023 – Co-ordinator on Eden Quay: Marie McDonnell**MODERATE HIKE***

Route:	Baravore Carpark – Fraughan Rock Glen – Cannow – Lugnaquilla Mtn – Camara Hill – Banana Road – Fenton's Pub
Leader:	Martin Fagan
Transport:	Special Bus Cost €20.00 per person

EASIER MODERATE HIKE*

Route:	Baravore Carpark – Avonbeg Forest Track to Table Track – Stranahely Forest Track to Knickeen Ford (Bus Pickup point)
Leader:	Geraldine McVey
Transport:	Special Bus Cost €20.00 per person *These two hikes will share the same bus.

EASIER HIKE

Route:	Scenic Walk to Avondale Forest Park
Leader:	Kay and Tony O'Sullivan
Meet:	Connolly Station at 10am for 10.25am Rosslare Train to Rathdrum

MIDWEEK WALK: Thursday 11th May 2023

Route:	Foreshore Walk via Howth, Sutton, Baldoyle and Portmarnock
Leader:	Michael Mooney
Meet:	Howth Dart Station at 11am sharp

SUNDAY 14th May 2023 – Co-ordinator on Eden Quay: Marie McDonnell**MODERATE HIKE***

Route:	Ballyknockan – Silsean – Moanbane – Billy Byrne's Gap – Blackhill – Bog Track – Pound Lane – Lacken (Zeller's Pub)
Leader:	Chris Byrne
Transport:	Special Bus Cost €20.00 per person

EASIER MODERATE HIKE*

Route:	Carrig – Forest Track – Lugnagun – Sorrel Hill – Ballynultagh Gap – Lacken (Zeller's Pub)
Leader:	Fiona Byrne
Transport:	Special Bus Cost €20.00 per person. These 2 Hikes will share the same bus.

EASIER HIKE

Route:	Howth Summit to Howth Harbour
Leader:	Olive Cowlard
Transport:	Public Transport

MIDWEEK WALK: Thursday 18th May 2023

Route:	Walk Tramway from Howth – Bog of Frogs – Quarries – Green Pond – Fairy Hill Lane Track – Bull Island View – Deer Park and back to Howth
Leader:	Pat Green
Meet:	Connolly Station at 10.45am or Howth Dart Station at 11am sharp

SUNDAY 21st May 2023 – Co-ordinator on Eden Quay: Marie McDonnell**MODERATE HIKE***

Route:	Wicklow Gap – Tonelagee Mtn – Lough Ouler Rim View – track to Brockagh Mountain - Glendasan Forest – Wicklow Way track to Glendalough
Leader:	Pat Gallagher
Transport:	Special Bus Cost €20.00 per person

EASIER MODERATE HIKE*

Route:	Glendalough – The Spink – Gleneolo Footbridge – Miner’s Track – Miner’s Village – Miner’s Road – Upper Lake Carpark – Track to Glendalough
Leader:	Shauna Byrne
Transport:	Special Bus Cost €20.00 per person.

EASIER HIKE*

Route:	Annamoe – Wicklow Way – Brusher Gap and Hut – Paddock Hill – Wicklow Way - Glendalough
Leader:	Des Whelan
Meet:	Special Bus Cost €20.00 per person. These 3 Hikes will share the same bus.

MIDWEEK WALK: Thursday 25th May 2023

Route:	Marley Park to Three Rock Mountain
Leader:	Michael Heneghan
Meet:	Savoy Cinema, O’Connell Street at 10.45am for 16 Bus to Marley Park

SUNDAY 28th May 2023 – Co-ordinator on Eden Quay: Marie McDonnell**MODERATE HIKE***

Route:	Ballinagee Bridge – Oakwood – St Kevin’s Way – Glenreemore Brook – Art’s Plaque – White Hill – Lough Firrib – Turlough Hill track to Wicklow Gap.
Leader:	David McCann
Transport:	Special Bus Cost €20.00 per person

EASIER MODERATE HIKE*

Route:	Kilafin Forest (Mountain Rescue Hut) – Avonmore River – Avonmore Way – Trooperstown Hill – Ballard (Avonmore Way) – Bookey’s Bridge – Laragh
Leader:	Fiona Byrne
Transport:	Special Bus Cost €20.00 per person.

SLOW COACH WALK*

Route:	Walking in the vicinity of Jackson’s Falls, Laragh Village
Leader:	Marie McDonnell
Transport:	Special Bus Cost €20.00 per person. These 3 Hikes will share the same bus.

EASIER HIKE

Route:	Navan - Boyne Ramparts Walk
Leader:	Nancy Phillips
Transport:	Public Transport

AN ÓIGE PHOTOGRAPHIC GROUP ACTIVITIES

Text message only with name, phone number and query to: (087) 166 9605.

An Óige June Bank Holiday Hiking Weekend Trip to Newport Co. Mayo

Dates:	2nd to 5th June	Activities will include trips to Clare Island and Croagh Patrick
Leaders:	Fiona Byrne and Ita O'Hanlon	
Please Note:	This trip is now full, However, you can add your name to the waiting list should a vacancy arise	
Booking:	Contact Ita O'Hanlon at email: itaohdubs@gmail.com – Waiting list only	

DATES FOR YOUR DIARY

SOCIAL EVENTS

Tuesday 16th May 2023

Cinema Venue:	Savoy Cinema, O'Connell Street
Meet:	1.30pm outside Savoy Cinema
Organiser:	Patsy Moloney

Wednesday 17th May 2023

Venue:	Teachers Club, 36 Parnell Square
Theatre Evening:	Shakespeare's 'Comedy of Errors' Long lost twin brothers find themselves in the same city, leading to mistaken identity, a jealous wife, false arrests and general mayhem until a final happy conclusion.
Time:	7.30pm
Cost:	Pay €15.00 at the door
Seat Reservations:	To reserve a seat ring Patsy Moloney at 086 819 4942
Meet:	Upstairs Lounge, Teacher's Club from 6.30pm
Organiser:	Patsy Moloney

Friday 19th May 2023

Social:	Social Friday: Teachers Club, 36 Parnell Square, Dublin 1 Scrabble, Draughts, Jigsaws
Time:	7.30pm
Cost:	€7.00
Organiser:	Patsy Moloney

Friday 26th May to Sunday 5th June 2023

84th Annual Photographic Exhibition – Open Competition.

I.P.F Approved Gold Medal Awards, including I.P.F National Portraiture Competition.

National Botanic Gardens daily from 10am - 4pm. Admission FREE

Friday Mornings Cinema Screening

Cinema Outing:	Lighthouse Cinema, Smithfield, Dublin 8 Screening of new cinema releases every Friday.
Enquiries:	Ring the Lighthouse Cinema at (01) 8728006 between 2pm and 5pm.
Cost:	€6.00 with complimentary tea/coffee before the screening

OTHER ITEMS OF INTEREST

Eileen Hyland RIP

An Óige wishes to extend sincere sympathy to the family and friends of Eileen Hyland who died on Sunday 23 March. Eileen was a lifelong member of An Óige and travelled extensively with Eddie McGrane on his many trips around the world. Eileen will be sadly missed.

May She Rest in Peace

Items Required

Anyone with photographs of An Óige, which they would like saved for posterity, please contact Marie McDonnell at H: 01 837 7411.

Saving Mountain Lodge

From 1937 to 2012, the Lodge was leased by An Óige, and was run as a Youth Hostel. Now Burncourt Community Council, through a sub-lease, are restoring it as a Community Project, planning to rejuvenate the former Shooting Lodge into a resource for artists and writers, including a café in the Summer. An Óige Groups are also invited to use the Lodge.

A new fire escape is required at the back of the building, to enable the room upstairs to be brought back into use.

If you would like to contribute to this great Restoration Project, please contact Marie McDonnell: Tel: 01 8377411 (H)

REMEMBER THAT – the Future of the Sunday Hikes depends on there being sufficient members willing and available to act as Leaders for both the Moderate, Easier Moderate and Easier Hikes. Co-Ordinators are also in short supply. Please volunteer your services now by ringing Marie McDonnell at 01 837 7411 (H)