

# An Óige Hike Programme March 2023

**Please Note:** Preference will be given on the "Special Buses", to Members of An Óige on production of their Membership Card. It is therefore imperative to bring your Membership Card with you, each Sunday. Membership Fees are as follows from March 2023: @25 for over 25 years old, and @15 for under 25 years old.

**Valid An Óige Membership Cards required.**

## **RENEWALS OR NEW MEMBERSHIPS: OPTION 1**

Please bring your old membership card with you to the hike bus and have the \$25.00 membership money plus your bus fare with you. New members will have to fill out a form to join.

You can email for assistance to **info@anoige.ie**

**OR**

You can also request assistance from either Marie McDonnell (Ph. **018377411**)

or email Jim Barry at **barryja156@outlook.com**

## **Important Notice**

**THIS NOTICE APPLIES TO ANY HIKES INVOLVING THE HIRE OF A PRIVATE BUS**  
**PLEASE NOTE THAT ONLY PAYING PERSONS TRAVELLING ON THE BUS TO THE HIKES**  
**WILL BE PERMITTED TO PARTICIPATE ON THE HIKES.**

*It is imperative that the instructions of the Hike Leaders be adhered to by those participating. The Leader sets the pace of the hike and walkers are expected to obey his/her instructions at all times. Leaders have the right to refuse to take anyone who does not co-operate with them fully, and anyone who they consider would not be able to walk at a reasonable pace, especially on the Moderate Hikes. Walkers who go on Moderate Hikes should be fit and able to keep up with the Hike. A Co-Ordinator has been appointed each Sunday to organise Hikers on Eden Quay.*

Unless otherwise stated, please observe the following:

WEAR:	<b>HIKING BOOTS OR STRONG SHOES FOR EASIER HIKES</b> <b>HIKING BOOTS <u>ONLY</u> FOR MODERATE HIKES, EASIER MODERATE HIKES NO JEANS.</b> <b>NO DOGS ALLOWED ON HIKES.</b>
BRING:	<i>Hand Sanitiser, Rainwear, Flask, Sandwiches, Simple First Aid Kit, Sun Block, Hat &amp; Gloves.</i> <i>Please be prepared for wintry conditions on the hills.</i>
COVID-19 NOTICE	<p style="text-align: center;"><b><u>Covid 19 Restrictions Update</u></b></p> <p><i>Face Coverings will no longer be mandatory for travelling on the private bus and on Public Transport</i></p> <p><i>Intending hikers in March may continue to wear face coverings on the bus, as a precautionary measure, if they wish to do so.</i></p> <p><b><u>HEALTH AND SAFETY ADVICE/QUESTIONNAIRE</u></b></p> <p><b><i>Please do not attend for any organised An Óige hike or event if the answer is YES to any of the following questions:</i></b></p> <ol style="list-style-type: none"><li>1. Have you any symptoms of Covid 19 recently?</li><li>2. Have you recently tested positive for Covid 19, or have you been in close contact with an infected person?</li></ol>
MEET:	<b>All Sunday walks leave from Laughter Lounge, Eden Quay, O'Connell Bridge End at 10:00hrs, unless otherwise stated. You are requested to arrive at the meeting place in good time.</b>

**MIDWEEK WALK: Thursday 2nd March 2023**

Route:	<b>Shop River – Annacrivey Woods – Ravens Rock</b>
Leader:	Pat Greene
Meet:	Clery's Clock, O'Connell Street for the <b>44 bus</b> at <b>10.45am</b>

**SUNDAY 5th March 2023 – Co-ordinator on Eden Quay: Marie McDonnell****MODERATE HIKE\***

Route:	<b>Leadmines Carpark – St Kevin's Way – Lough Nahanagan – Turlough Hill – Camaderry – Glendalough Visitor Centre</b>
Leader:	Michael Davis
Transport:	<b>Special Bus Cost €20.00 per person</b>

**EASIER MODERATE HIKE\***

Route:	<b>Glendalough Visitor Centre – Poulanass Waterfall – The Spink – Prezen Rock – Lugduff Mtn – Wicklow Way – Glendalough</b>
Leader:	David McCann
Transport:	<b>Special Bus Cost €20.00 per person</b> *These two hikes will share the same bus.

**EASIER HIKE**

Route:	<b>Kiltiernan Sports Hotel to Enniskerry via Killegar and Knocksink Wood</b>
Leader:	Norrie O'Hanlon
Meet:	The Laughter Lounge at <b>10.30am</b>
Transport:	<b>Public Transport</b>

**SLOW COACH WALK**

Route:	<b>Walking in Celbridge, Birthplace of Arthur Guinness</b>
Leader:	Marie McDonnell
Transport:	<b>Public Transport</b>

**MIDWEEK WALK: Thursday 9th March 2023**

Route:	<b>Bohernabreena Reservoir</b>
Leader:	Richard Kenny
Meet:	College Green at Trinity Street for the 54A Bus at <b>10.45am</b> .

**SUNDAY 12th March 2023 – Co-ordinator on Eden Quay: Michael Heneghan****MODERATE HIKE\***

Route:	<b>Wicklow Gap – Tonelagee Mtn – Lough Ouler Rim – Track to Brockaghs – Brockagh Mtn – Glendasan Forest – Glendalough Hotel</b>
Leader:	Tom Hennessy
Transport:	<b>Special Bus Cost €20.00 per person</b>

**EASIER MODERATE HIKE\***

Route:	<b>Brockagh Centre – WW Track – Brockagh East – Brockagh – Track to Glendasan Forest – Glendalough Hotel</b>
Leader:	Michael Heneghan
Transport:	<b>Special Bus Cost €20.00 per person. These 2 Hikes will share the same bus.</b>

<b>EASIER HIKE</b>	
Route:	<b>Walking along the Navvey Bank, Dundalk, Co. Louth</b>
Leader:	Kay and Tony O'Sullivan
Transport:	<b>Public Transport (Train)</b>
Meet:	<b>Connolly Station at 0945am for the 1000am Belfast train alighting at Dundalk</b>
<b>MIDWEEK WALK: Thursday 16th March 2023</b>	
Route:	<b>Bray Head to Belmont Demense</b>
Leader:	Fiona Byrne
Meet:	Tara Street Dart Station at <b>10.45am</b> .
<b>SUNDAY 19th March 2023 – Co-ordinator on Eden Quay: Fiona Byrne</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Windy Gap – Foxes Rock – Split Rock – Eagles Rock – Carlingford Mountain – Slieve Foye – Commons Loop – Carlingford – Distance: 13 Kilometers Ascent: 600 metres</b>
Leader:	Chris Byrne
Transport:	<b>Special Bus Cost €25.00 per person</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Greer's Quay – Greenway – Carlingford – Barnavave – Famine Village – Commons Loop – Carlingford Village Distance: 10 Kilometres Ascent: 300 metres</b>
Leader:	Eilish Hanratty
Transport:	<b>Special Bus Cost €25.00 per person.</b>
<b>EASIER HIKE*</b>	
Route:	<b>Omeath - Greer's Quay – Greenway – Carlingford Village</b>
Leader:	Fiona Byrne
Transport:	<b>Special Bus Cost €25.00 per person. These 3 Hikes will share the same bus.</b>
<b>MIDWEEK WALK: Thursday 23rd March 2023</b>	
Route:	<b>The Scalp to Shankhill</b>
Leader:	Norrie O'Hanlon
Meet:	TSB Bank at Corner of Abbey St & O'Connell St at <b>10.45am</b> for the 44 bus.
<b>SUNDAY 26th March 2023 – Co-ordinator on Eden Quay: Brian Madden</b>	
<b>MODERATE HIKE*</b>	
Route:	<b>Ballylug Forest – Clara Vale – Avonmore River – Ballinstraw – Carrick Mtn – Glenealy</b>
Leader:	David McCann
Transport:	<b>Special Bus Cost €20.00 per person</b>
<b>EASIER MODERATE HIKE*</b>	
Route:	<b>Cronybyrne Forest entrance – Ballinstraw – Carrick Mountain - Glenealy</b>
Leader:	Brian Madden
Transport:	<b>Special Bus Cost €20.00 per person. These 2 Hikes will share the same bus.</b>

EASIER HIKE	
Route:	<b>Tolka Estuary – East Point – Fairview Park</b>
Leader:	Ann Kellett
Meet:	Clontarf Dart Station at <b>12noon sharp</b>
MIDWEEK WALK: Thursday 30th March 2023	
Route:	<b>Seapoint to Dillons Park</b>
Leader:	Olive Cowlard
Meet:	Tara Street at <b>11.00am</b>
AN ÓIGE PHOTOGRAPHIC GROUP ACTIVITIES	
Text message only with name, phone number and query to: (087) 166 9605.	
DATES FOR YOUR DIARY	
Tuesday 7th March 2023	
Cinema Outing:	<b>Meet at Savoy Cinema 1.30pm</b>
Organiser:	Patsy Moloney
Saturday 11th March 2023	
Venue:	<b>Abbey Theatre, Abbey Street, Matinee 2pm. Moliere's Comedy 'Tartuffe' in a new version by Frank McGuinness. The villainous Tartuffe shocks and entralls with his deceptive power.</b>
Seats:	Seats from <b>€20.00. Try for rows D,E</b>
Book:	Ring the Abbey Theatre (01) 8787222
Meet:	1.30pm (Abbey Theatre Foyer)
Organiser:	Patsy Moloney
Saturday 24th March 2023	
Social:	<b>Social Friday 7.30pm at Teachers Club, 36 Parnell Street, Dublin 1. Scrabble, Draughts, Jigsaws</b>
Time:	7.30pm
Cost:	€7.00
Organiser:	Patsy Moloney
Saturday 22nd April 2023	
Venue:	<b>The Gate Theatre, Parnell Square, Matinee 2.30pm Arthur Miller's 'The Price' A compelling story of property, ambition and the burden of family duty.</b>
Seats:	Seats from <b>€35.00. Try for rows D,E</b>
Book:	Ring the Gate Theatre, (01) 8744045
Meet:	2pm
Organiser:	Patsy Moloney
Friday Mornings Cinema Screening	
Cinema Outing:	<b>Lighthouse Cinema, Smithfield, Dublin 8 Screening of new cinema releases every Friday.</b>
Enquiries:	Ring the Lighthouse Cinema at (01) 8728006 between 2pm and 5pm.
Cost:	€6.00 with complimentary tea/coffee before the screening

## OTHER ITEMS OF INTEREST

### WANTED

Anyone with photographs of An Óige, which they would like saved for posterity, please contact Marie McDonnell at H: 01 837 7411.

### Saving Mountain Lodge

From 1937 to 2012, the Lodge was leased by An Óige, and was run as a Youth Hostel. Now Burncourt Community Council, through a sub-lease, are restoring it as a Community Project, planning to rejuvenate the former Shooting Lodge into a resource for artists and writers, including a café in the Summer. An Óige Groups are also invited to use the Lodge.

A new fire escape is required at the back of the building, to enable the room upstairs to be brought back into use.

If you would like to contribute to this great Restoration Project, please contact Marie McDonnell: Tel: 01 8377411 (H)

**REMEMBER THAT – the Future of the Sunday Hikes depends on there being sufficient members willing and available to act as Leaders for both the Moderate, Easier Moderate and Easier Hikes. Co-Ordinators are also in short supply. Please volunteer your services now by ringing Marie McDonnell at 01 837 7411 (H)**